

LUNCH - \$15 AND UNDER IN 15 MINUTES

TIMED MEALS VALID MONDAY-FRIDAY 11AM-1PM

SOUP & SALAD

WEST COAST SEAFOOD CHOWDER

BC salmon, manila clams, mussels, prawns, potatoes and dill served with grilled focaccia

\$13⁰⁰

WILD MUSHROOM SOUP

Creamy foraged mushroom soup, puffed wild rice and crème fraîche, served with grilled focaccia

\$12⁰⁰

CAESAR SALAD

Crisp romaine and house-made creamy caesar dressing topped with grana padano and rye croutons, served with your choice of grilled chicken, prawns or Thai sausage

\$15⁰⁰

FRASER VALLEY GREENS

Beets, vine ripened tomatoes, spiced cashews, local goat cheese and roasted shallot vinaigrette, served with your choice of grilled chicken, prawns or Thai sausage

\$15⁰⁰

JERK CHICKEN & QUINOA SALAD

Healthy and full of flavour—grilled jerk chicken breast with red and white quinoa, mango, avocado, peppers, baby spinach, tomato, and feta cheese lightly dressed with an all-spice vinaigrette

\$15⁰⁰

BAJA CHICKEN SALAD

Blackened chicken breast, fresh avocado, tomatoes, roasted corn, crisp tortillas, jalapeño monterey jack cheese and a buttermilk dressing. Hold the tortillas for a gluten-free meal

\$15⁰⁰

ADD GARLIC TOAST

\$2⁰⁰

SUB SALMON

\$3⁰⁰

BOWLS

SEAFOOD LINGUINI

\$15⁰⁰

Mussels, clams, prawns, salmon, white wine cream sauce, grana padano, tomato and fresh basil served with a grilled focaccia

BUTTERNUT SQUASH RAVIOLI

\$15⁰⁰

Brown butter, tomatoes, roasted butternut squash, grana padano, pine nuts and fresh sage served with a grilled focaccia

PAD THAI

\$15⁰⁰

Chicken, prawns, egg, tofu, rice noodles, and toasted peanuts prepared with gluten-free soy sauce. Hold the tofu for a gluten-free meal

PANANG CHICKEN CURRY

\$15⁰⁰

Traditional Thai peanut curry sauce, lemon grass, peppers, bok choy, snap peas, bean sprouts, squash and jasmine rice

BUTTER CHICKEN

\$15⁰⁰

Authentic butter sauce, jasmine rice and grilled roti canai bread

LAKSA

\$15⁰⁰

Red coconut curry broth, egg noodles, egg, shrimp and bean sprouts served with Thai sausage. Sub rice noodles for a gluten-free meal

SANDWICHES & BURGERS

Sandwiches are served with your choice of French Fries, Mixed Greens or Daily Soup

SUBSTITUTE FOR \$2: Onion Rings, Yam Fries, Caesar Salad, or Mushroom Soup

SLOW BRAISED BEEF SANDWICH

\$15⁰⁰

5oz Certified Angus Beef Brisket on house baked bacon brioche bun, topped with sautéed onions, chimichurri, and manchego cheese

ULTIMATE TURKEY CLUB

\$15⁰⁰

House-roasted turkey breast, double smoked bacon, brie cheese, grainy mustard mayo and onion relish served on cranberry bread

ROMEO'S BURGER

\$15⁰⁰

Housemade beef patty, smoked onion jam, black garlic aioli, house pickles and bacon brioche bun

NEW! BANH MI

\$15⁰⁰

Fried lemongrass and buttermilk chicken, Vietnamese ham, pickled cucumber, carrots and honey sriracha on a steam bun

ADD BACON

\$3⁰⁰

ADD CHEESE

\$2⁰⁰

ADD MUSHROOMS

\$1⁵⁰

ADD FRIED ONIONS

\$1⁵⁰

CHICKEN TANDOORI SANDWICH

\$15⁰⁰

Indian spiced and marinated chicken, butter chicken mayo and mango chutney served on roti canai bread with a cucumber "raita." Substitute chicken for tofu for a vegetarian meal