

BRUNCH

Brunch is available until 3pm

THE HEALTHY START

two hard-boiled eggs, granola, milk, yogurt, fresh + dried fruit

\$10⁰⁰

SUNRISER

two eggs any style signature hash + toast

\$10⁰⁰

FARMER'S BREAKFAST

two eggs any style, signature hash, your choice of bacon, ham or sausage + toast

\$12⁵⁰

THE CLASSIC BENNY

canadian back bacon, two poached eggs, fresh hollandaise, toasted english muffin + signature hash

\$14⁰⁰

B-SEA BENNY

smoked salmon, two poached eggs, grilled asparagus, fresh hollandaise, toasted english muffin + signature hash

\$16⁰⁰

THE TOAST BENNY

avocado on toasted rye, two poached eggs, fresh hollandaise, pepita sauce, cilantro + signature hash

\$16⁰⁰

SPANISH OMELETTE

three eggs, house made chorizo, onions, manchego cheese, parsley, lemon aioli + grilled filloncini

\$16⁰⁰

FARMERS OMELETTE

three eggs, mushroom, cheddar cheese, bacon, served with signature hash + toast

\$15⁰⁰

SPINACH OMELETTE

three eggs, sautéed spinach, tomato, feta, signature hash + toast

\$14⁰⁰

HANGOVER HELPER

sautéed spiced ground beef, mushroom, spinach and eggs, parmesan + grilled filoncini

\$18⁰⁰

BEEF HASH

roast beef, mushrooms, onions, sundried tomatoes, two eggs any style, fresh hollandaise, tarragon + grilled filoncini

\$16⁰⁰

BREAKFAST IN MOROCCO

two poached eggs, spiced chickpea and tomato stew, merguez sausage + grilled filoncini

\$15⁰⁰

PINEAPPLE UPSIDE DOWN PANCAKE

caramelized pineapples, umami syrup + crushed peanuts 

\$14⁰⁰

CARAMEL MACCHIATO FRENCH TOAST

espresso cream cheese stuffed zopf bread, coffee whipped cream + caramel sauce

\$14⁵⁰

**ALL GLUTEN FREE ITEMS NEED TO SUBSTITUTE GLUTEN FREE BREAD **

SIDES

BAGEL & CREAM CHEESE

\$3⁵⁰

ASSORTED CEREALS

\$3⁰⁰

HASHBROWNS

\$4⁰⁰

WARM NUTELLA TOPPING

\$2⁵⁰

MUFFIN

\$3⁰⁰

ask your server for daily varieties

TOAST

\$3⁰⁰

white, multigrain, sourdough or marble rye

BACON

\$4⁰⁰

HAM OR SAUSAGE

\$3⁰⁰

SIDE EGG

\$2⁵⁰

LUNCH

Lunch starts at 11am

FRASER VALLEY GREENS

grape tomatoes, pickled beets, goat cheese, spiced cashew, shallot vinaigrette + your choice of chicken or prawns

\$16⁰⁰

SUBSTITUTE SALMON \$3⁰⁰

GRILLED CAESAR SALAD

\$16⁰⁰

miso caesar dressing, pickled red onion, parmesan, fried capers, wasabi peas + your choice of chicken or prawns

SUBSTITUTE SALMON \$3⁰⁰

BAJA SALAD

\$16⁰⁰

grilled cajun chicken breast, avocado, grape tomatoes, roasted corn, crisp tortilla, jalapeño jack cheese + buttermilk dressing

PAD THAI

shrimp, chicken or vegetable, peanuts, egg + sprouts

\$19⁰⁰

PANANG CURRY

lemongrass chicken, mixed vegetables, sprouts + jasmine rice

\$19⁰⁰

BUTTER CHICKEN

\$19⁰⁰

east indian butter sauce, tandoori chicken, burnt yogurt, naan + jasmine rice

TURKEY CLUB

\$15⁰⁰

bacon, brie, cranberry bread, onion jam, grainy mustard, lettuce + tomato + served with soup of the day, salad, or fries

SEAFOOD CHOWDER

\$15⁰⁰

mussels, clams, shrimp, fish + grilled filoncini

BACON CHEESE BURGER

\$17⁰⁰

burger sauce, pickled onion, shredded lettuce, american cheese + served with soup of the day, salad, or fries

SOUP OF THE DAY

\$10⁰⁰

BUDDHA BOWL

\$15⁰⁰

black rice, roasted sesame dressing, avocado, pickled local vegetables, edamame, curried cauliflower, spiced cashews, scallion, radish + herbs

ADD LEMONGRASS CHICKEN \$3⁰⁰

 Vegetarian  Gluten Free  Contains Nuts  Dairy Free

Please advise your server of any allergies or dietary restrictions before ordering.